

### ABSTRACT OF THE DISCLOSURE

The practical new design of the present invention provides a type of breathable, ventilated one-piece shoe pad having a main body that includes many ventilation openings. On the bottom surface of the main body an air bag is attached. The surface of the interface at which the air bag attaches to the main body is configured with many ventilation openings that correspond to the openings at the main body. The structure of this practical new design is very simple, it is cost-efficient in manufacturing and the product itself is durable. When utilized inside the shoe, the air bag creates an air convection flow and exhausts the foul stale air out of the shoe during each step of the user. This helps to keep the foot dry.